

Our Lady ~ of ~ Mount Carmel

Catholic Church



MARCH 9 2025

PARISH INFORMATION

ADDRESS

2121 South Rural Road | Tempe, AZ 85282
 Office: 480.967.8791 www.olmctempe.com
 School: 480.967.5567 www.olmcschool.info
 Preschool: 480.966.1753 www.olmcschool.info

OFFICE HOURS

Monday - Thursday.....9:00am - 5:00pm
 ***Closed Wednesdays 11am- 12pm

CONFESSION SCHEDULE

Wednesday.....4:00pm - 5:30pm
 Saturday.....3:00pm - 4:30pm

WEDNESDAY ADORATION SCHEDULE

Wednesdays from 9:00am to 6:00pm Benediction

FIRST FRIDAY MASS & ADORATION SCHEDULE

First Fridays Mass at 7pm, with Adoration following until the 8am Mass on Saturday

MORNING PRAYER

Monday - Friday.....8:00am

MASS SCHEDULE

Weekday Masses

Monday - Friday.....6:30am and 8:30am
 Wednesday.....6:30pm
 Saturday.....8:00am

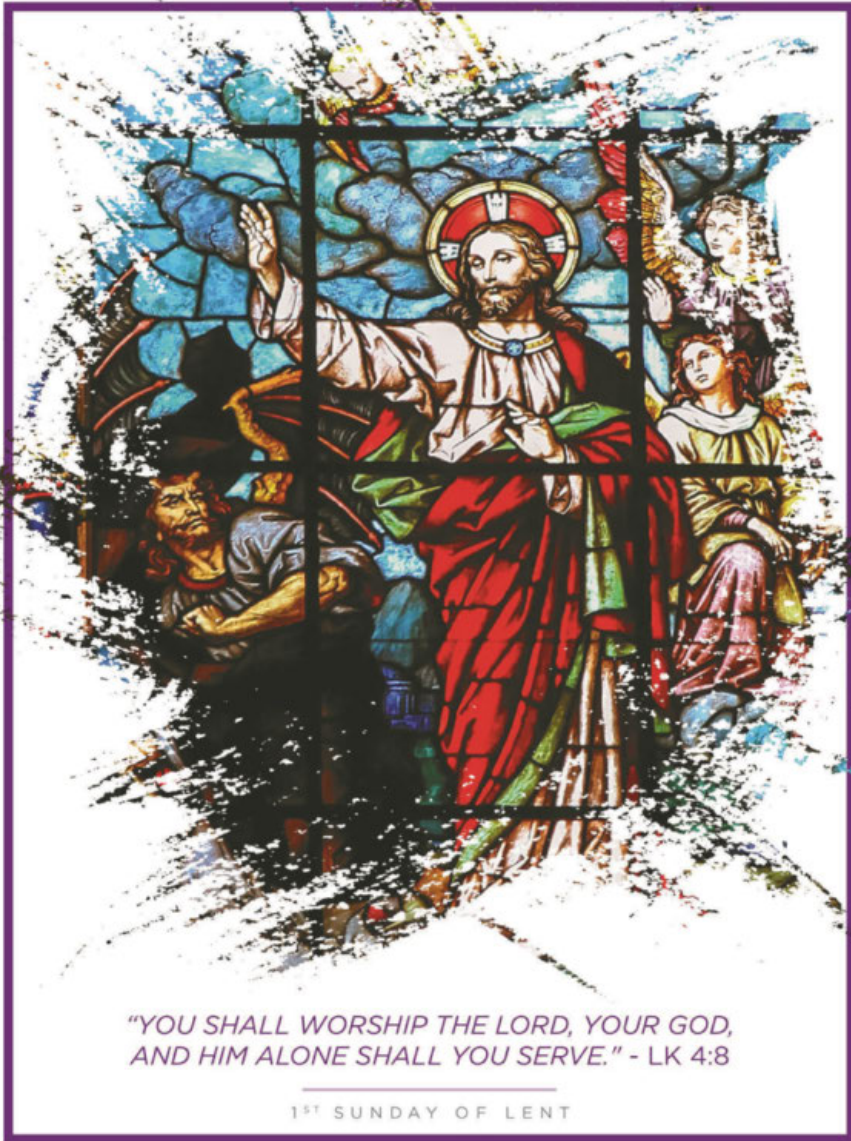
Weekend Masses

Saturday Vigil.....5:00pm
 Sunday.....7:00, 9:00, 11:00am and 5:00pm

Live Stream Mass

Sunday11:00am
 on our website, Facebook, and YouTube channel

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 FLOCKNOTE – text OLMCGO to 84576



*"YOU SHALL WORSHIP THE LORD, YOUR GOD,
AND HIM ALONE SHALL YOU SERVE." - LK 4:8*

1ST SUNDAY OF LENT

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD. ©LPI

PARISH REGISTRATION

Visit the Parish website to register online or stop by the Parish office to register. Our next Parish Welcome is **TBD**.

INFANT BAPTISMS

Fill out a registration form at www.olmctempe.com/sacrament-baptism, or email Peter Parian at baptisms@olmctempe.com

SACRAMENT OF THE SICK

Please contact the parish office (480) 967-8791 to arrange for the Sacrament of the Sick. If after hours assistance is needed, please call the parish number for the after hours service number.

MARRIAGE PREPARATION

We are happy to help you as you prepare for marriage and plan your wedding. Our parish staff is here to answer your questions and provide you with all the details of marriage preparation. For more information, please call Dcn. Dave Kneblsberger at (480) 967-8791 or email at weddings@olmctempe.com.

ST. VINCENT DE PAUL SOCIETY

We have available food boxes, rental or utility assistance to those living within OLMC parish boundaries and qualify for assistance by calling (480) 966-1974 between 9am-11am Mondays through Saturdays. Sorry no walk ins.

PARISH STAFF

Pastor

Rev. Robert Aliunzi
 rrobert@olmctempe.com

Parochial Vicar

Rev. Gabriel Terrill
 frgabriel@olmctempe.com

Deacons

Dcn. Dave Knebelsberger (Weddings)
 deaondave@olmctempe.com

Dcn. Ramon "Chito" Zamora
 deaconchito@olmctempe.com

Announcements

Karen Shepard
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Finance

Jenn Blackstad
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Infant Baptism

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 baptisms@olmctempe.com

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Maintenance

Jim Blasko
 jim@olmctempe.com
 Daniel Aguilar

Music/Communications

Dan Ballinger
 dan@olmctempe.com

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Kathy Egle
 ocia@olmctempe.com

Children's Religious Education

Jennifer Green
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 kellyshewbridge@olmcschool.info

School Office Manager

Enedina White
 enedinawhite@olmcschool.info

Preschool Director

Monica Ferrance
 monica@olmctempe.com

READINGS OF THE WEEK

Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 (see 5b)/Rom 10:8-13/Lk 4:1-13
Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15
Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12
Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26
Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48
Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14/Phil 3:17-4:1 or 3:20-4:1/Lk 9:28b-36



MASS INTENTIONS

Monday	6:30am	Soul of Ken Greene
3/10/2025	8:30am	Soul of Mrs. L. A. Carvalho
Tuesday	6:30am	Soul of Gerry Engelbert
3/11/2025	8:30am	Soul of Julian Santos
Wednesday	6:30am	Souls of Moses Diaz Hernandez & Concepcion Anguiano
3/12/2025	8:30am	Soul of Norma Muir
	6:30pm	Int. of Rev. Nathe
Thursday	6:30am	Soul of Mercedes Cabezas Baron
3/13/2025	8:30am	Soul of Alfred Miranda
Friday	6:30am	Soul of Bonnie Sue Laubmeier
3/14/2025	8:30am	Souls of James Krusick Williams & Joan Carol Winter
Saturday	8:00am	Int. of Cynthia Bernacki
3/15/2025	5:00pm	Soul of Bob Franco
Sunday	7:00am	Soul of Marge Hively
3/16/2025	9:00am	Ints. of the Groseta Family
	11:00am	People of the Parish
	5:00pm	Soul of Jaime Ann Gangi

PARISH ADVISORY COUNCIL

Carey Anthony*
 Jamon Reval
 Chris Broglia
 Dominic Conn
 Monica Donnellan
 Marc Stern
 Michael Pabst
 Kristina Engelbert
 Laura Files
 Heather Johnson
 Hugh White
 Duane Washkowiak

parishcouncil@olmctempe.com

PARISH FINANCE COUNCIL

Paul Trapp*
 Gary Monteilh
 Robert Blackstad
 James Casey
 Trey Pitman
 Paul Carolan

financecouncil@olmctempe.com

*Chairperson

And I heard the voice of the Lord saying,
 "Whom shall I send, and who will go for us?"
 Then I said, "Here am I! Send me."
 - Isaiah 6:8

PARISH CALENDAR

Monday	6:15pm	EDGE - Hall
3/10/2025	6:30pm	Dominicans - St. Simon
Tuesday	7:00pm	OCIA - Hall
3/11/2025	-	LTMTW W. - Holy Family
Wednesday	8:00am	St. Therese - St. Simon
3/12/2025	9:15am	Chapel Comm. - Holy Family
	6:30pm	Word of God - Hall
Thursday	9:15am	LTMTW Wom. - St. Simon
3/13/2025	9:30am	PLT - Holy Family
	5:30pm	Grief Support - St. Simon
	7:00pm	Women's Study - N. Hall
	-	LTMTW Men - Holy Family
	-	Music Rehe. - Church
	-	KofC - Hall
Friday	9:00am	CION - St. Simon
3/14/2025	5:00pm	Fish Fry - Hall
	7:00pm	Stations of the Cross - Church
Saturday	6:30am	OLMC Men - Hall
3/15/2025	9:00am	WSM Team - St. Simon
	10:00am	Rosary Makers - Hall
Sunday	6:30am	Coffee Shop - S. Hall
3/16/2025	6:15pm	Life Teen - Hall

2024 GIVING STATEMENTS



Tithing statements for the 2024 tax year were automatically emailed or mailed to parishioners who had requested a statement in the past. Remember to check your junk or spam folder. If you do not receive a statement, please complete the form online or at the parish office. If you have any questions, please email finance@olmctempe.com

LENTEN FRIDAYS



Lenten Friday gatherings and devotions run from **March 7th** through **April 11th**.

KOFC FISH FRY:

Fridays from 5pm to 7:30pm in McCready Hall

STATIONS OF THE CROSS:

Fridays at 7pm in the church

LITURGY AND WORSHIP

LENTEN OBSERVANCES

By Joseph Malzone

"The main current of Lent must flow through the interior man, through hearts and consciences. The essential effort of repentance consists in this. In this effort, the human determination to be converted to God is invested with the predisposing grace of conversion and, at the same time, of forgiveness and of spiritual liberation... Penance is not just an effort, a weight, but it is also a joy. Sometimes, it is a great joy of the human spirit, a delight that other sources cannot bring forth. Contemporary man seems to have lost, to some extent, the flavor of this joy. He has also lost the deep sense of that spiritual effort that makes it possible to find oneself again in the whole truth of one's interior being. Our civilization - especially in the West-, closely connected as it is with the development of science and technology, catches a glimpse of the need for intellectual and physical effort. But he has lost the sense of the effort of the spirit, the fruit of which is man seen in his inner self. The whole period of Lent, -since it is a preparation for Easter, is a systematic call to this joy that comes from the effort of patiently finding oneself again. Let no one be afraid to undertake this effort." - Pope St. John Paul II, The Light of Christ, 1979

The Code of Canon Law states that Fridays throughout the year and in the time of Lent are penitential days for the entire Church. Although fasting usually refers to any practice of restricting food, there is a distinction, in the Church, between fasting (limiting food to one full meal a day, with two smaller meals allowed) and abstinence (abstaining from eating meat.) Abstinence from meat on Fridays as the universal form of penance on all Fridays of the year is no longer mandatory. We may choose another way of observing the Church's requirement for acts of penance on Fridays, but we must be sure not to neglect it.

Since the change in the abstinence rules, some people have become confused about the requirement to observe penitential days. Despite this, both fasting and abstinence are required on Ash Wednesday and Good Friday. For clarity, the rules of the Church in the United States about fasting and abstinence – in effect since 1966 – state that:

"Catholics in the United States are obliged to abstain from the eating of meat on Ash Wednesday and on all Fridays during the season of Lent. They are also obliged to fast on Ash Wednesday and on Good Friday. Self-imposed observance of fasting on all weekdays of Lent is strongly recommended. Abstinence from flesh meat on all Fridays of the year [excluding solemnities like Christmas, which may fall on Friday] is especially recommended to individuals and to the Catholic community as a whole." (Ref. Canons 1249-1253, Code of Canon Law)

Let us joyfully fulfill these Lenten Observances, preparing our hearts and minds for the glory of Easter and renew our commitment to the Church's call for penance on Fridays throughout the year to prepare our souls for the glory of Heaven.



AZ MARCH FOR LIFE



Our KofC arranged a bus to the Arizona March for Life, departing from the church parking lot on **Saturday, March 15th at 9:15am**. Fr. Robert and Fr. Gabe will join us for this powerful pro-life event. You must RSVP to reserve your seat. Visit tinyurl.com/AZMFL2025

CARMELITE RELIGIOUS SALE



The Carmelite Missionaries of St. Therese of the Child Jesus will be selling beautiful religious goods after **all masses the weekend of March 15th and 16th**. All proceeds enable the sisters to support their various missions in Mexico and Ecuador. You can purchase items or make direct donations via Cash, Check, or Zelle.

OLMC LENTEN MISSION



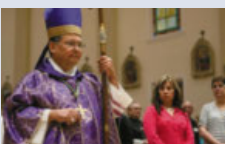
Our Lenten Mission begins the weekend of March 16th. Fr. Elijah DeLello from the Franciscan Friars of the Holy Spirit will speak to us on **Monday, March 17th and Tuesday, March 18th at 7pm** about building a culture of Adoration at our parish to help prepare us for the dedication of our new chapel. Adoration and confessions will also be offered.

MARIAN CONSECRATION



The Women's Studies Ministry would like to invite you to our Marian Consecration renewal on the Feast of Annunciation, **Tuesday, March 25th, at 7pm in the church**. Whether you are renewing your consecration to Jesus through Mary or doing it for the first time, all are welcome. For more information, email olmcwomensministry@gmail.com

ADORATION CHAPEL BLESSING



SAVE THE DATE: **Sunday, March 30th**, after the 11am mass, Bishop Eduardo Nevares will bless our new Adoration Chapel followed by a cake reception in McCready Hall. All are welcome!

- S E R V E -

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Little Lambs Preschool Showcase
March 22 McCready Hall 6:00pm-8:00pm

Art Showcase, Dinner, Silent & Live Auction



SAVE THE DATE

EDGE Summer Camp
JULY 13-18 2025



STEUBENVILLE WEST

SAVE THE DATE
JULY 18TH-20TH

OLMCTEMPE.COM/LIFETEEN

- G I V E -



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 5,870 BAPTISMS	 50 SEMINARIANS in priestly formation	 10,490 MOMS AND DADS attended parenting classes	 6,518 CONFIRMATIONS
 14,684 STUDENTS ENROLLED in Catholic Education	 3 NAZARETH SEMINARY HOUSES in the Diocese of Phoenix (3 New!)	 372,000 MEALS SERVED at Andre House, Paz de Cristo, and FSL	 38 AFFORDABLE HOUSING COMMUNITIES at Catholic Charities and FSL
 94 PARISHES & 24 MISSIONS	 229 PERMANENT DEACONS	 300 ADULTS WITH DISABILITIES attended FSL's adult day health program	 175,000 ENFAMILIA SPANISH RADIO OUTREACH

WHAT IS LENT?

Dear friends,

Whether you grew up with the practices of faith or came into the Church later in life, it can be easy to take things for granted or overlook the deeper meanings of the Church's practices and devotions. This applies to Lent, a season of repentance, penance, and preparation. We may be familiar with the annual 40 days of fasting but not question or understand the core practices of Lent. Considering this, I would like to share a few interesting facts and insights about Lent that may be helpful as we partake in this purpled time of penance.

Why is it called Lent?

As with many things, we take names for granted and accept them without much thought. This, too, goes for the various words and titles we use in the Church. However, if someone were to ask us what Lent means, how would we respond? Likely, we would try to explain the Lenten practices but fail to explain what the word Lent itself means. In English we refer to the forty days of fasting before Easter as Lent, short for Lenten. Lenten comes from the Old English word *Lencten* which translates to Spring. If we go further back, we can trace Lent back to the Western Germanic word *langitinaz* which means lengthening of days. So why call it Lent? There is a practical and spiritual reason for this. The practical reason is that Lent takes place over Spring, so if we were to use the literal translation of Lenten fast, we would call it the Springtime Fast. It was necessary to identify the Lenten fast since in the past the Church would practice multiple seasons of fasting more regularly than we do today. Lent is also significant as it marks the lengthening of the short days of Winter. As we approach the celebration of Easter, the Solemnity of the Resurrection of Jesus Christ, we have, to accompany our hope, the natural lengthening of daylight. In this, there is a reflection in the very changing of seasons on the themes of the Lenten fast, wherein we face the fallenness of the world and our own sinfulness as we hope for our redemption in Christ and his Resurrection. The days shorten as we anticipate the sun rising on the empty tomb of the Risen Lord.

Why is Lent 40 days long?

Outside of Germanic languages, the root word used to describe the springtime season of fasting is the Latin word *quadagesima*, meaning forty days. Lent is forty days long as a parallel to two significant instances in salvation history. Firstly, Lent parallels the time the Israelites spent in the desert:

Now, the Israelites wandered forty years in the wilderness, until all the warriors among the people that came forth from Egypt died off because they had not listened to the voice of the LORD. For the LORD swore that he would not let them see the land and he had sworn to their ancestors to give us, a land flowing with milk and honey. (Joshua 5:6)

During these forty years of wandering the desert, the Israelites prepared to enter the promised land through acts of penance, all the while entrusting themselves to the Lord, whereas in the past and throughout salvation history, there are those who were unfaithful or untrusting of God. Therefore, this season of Lent provides an opportunity for us to depend more deeply on the Lord and push into greater acts of faith. Secondly, the forty days of Lent reflect the forty days Jesus spent in the desert in preparation for his ministry which would eventually lead to his passion, death, and resurrection. We see that Jesus entered into these forty days as a time for fasting and preparation and that he even resisted temptation while remaining faithful to his mission; "Then Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterward he was hungry." (Matthew 4:1-2) Likewise, we celebrate Lent by fasting as a detachment from the world and a way of resisting temptation and relying more on God's grace. In this, we prepare to celebrate the Easter festivities through practices of fasting, prayer, and almsgiving that will hopefully bear spiritual fruits that assist us in our journey of faith beyond just Lent but into and through the Easter season.

Why do we fast if Jesus rose from the dead?

As we enter into the desert season of Lent, we are called to fast from things, both good and bad, as a way to detach ourselves from the world and, in doing so, gain greater appreciation for and dependence on God's grace. Some may wonder why we would even think of taking on fasting since the Lord is resurrected and he has reconciled us to the Father. While it is true that Christ reconciled humanity's fallen state, it is up to each and every one of us to actively seek out our salvation in the Lord. It is a reminder that the Lord has called us to follow him, not to make our home here in the world, but to intentionally follow Jesus as we cooperate with his grace and practice a spirit of poverty and detachment from the world. By fasting, we acknowledge that our final place of happiness and joy are not here on earth but in the heavenly kingdom of God. By fasting, we gain mastery over our bodies and order our will to God's will. And we do not fast so as to be miserable, but as a joyful and zealous pursuit of the Lord as we also pray for others and even offer up our acts of mortification and fasting for the less fortunate, those who do not know Christ, and for the souls in purgatory. In fasting, we do not ignore the Resurrection but acknowledge the victory won for us on the cross once and for all as the Lord continues to sanctify us and invite us into a deeper cooperation with his grace as we follow him into the desert, through calvary, and out of the empty tomb.

Pax,
- Fr. Gabriel Terrill





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